
Health Savings Account

A Health Savings Account (HSA) is a tax-favored¹ account set up exclusively to pay certain medical expenses of the account owner, spouse, and dependents. Health insurance coverage must be provided under a high-deductible health plan. Qualified contributions by the account owner are deductible from gross income and growth inside the account is not taxed. Distributions to pay for qualified medical expenses are received income tax-free. Funds not used during one year can be held over and used to pay qualified medical expenses in a later year even if no further contributions are permitted.



Similar in nature to an Individual Retirement Account (IRA) or Archer Medical Savings Account (Archer MSA), an HSA is owned by an individual and is thus portable. If an individual changes employers, the HSA moves with the individual and does not stay with the former employer even though that employer may have contributed to the HSA.

Key Concepts

There are a number of key concepts involved in understanding HSAs:

- **Eligible individual:** Only an “eligible individual” may establish, and then contribute to, an HSA. This is someone who on the first day of any month: (1) is covered by a high-deductible health plan (HDHP); (2) is not also covered by another health plan that is not a HDHP²; (3) is not enrolled in Medicare (generally, under age 65); and (4) may not be claimed as a dependent on someone else’s tax return.
- **High-deductible health plan:** A health plan that meets certain requirements (adjusted annually for inflation) regarding deductibles and out-of-pocket expenses:

Coverage Type	2020 Minimum Deductible	2020 Maximum Out-of-Pocket	2021 Minimum Deductible	2021 Maximum Out-of-Pocket
Self-Only	\$1,400	\$6,900	\$1,400	\$7,000
Family	2,800	13,800	2,800	14,000

¹ The rules discussed here concern federal income tax law. State or local law may differ.

² Certain limited exceptions apply.

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As a general rule, the HDHP may not provide benefits (except for certain preventive care) until the minimum deductible for the year has been met.

- **COVID-19 expenses:** In Notice 2020-15, the IRS announced that a high deductible health plan (HDHP) will not fail to be an HDHP merely because the health plan provides health benefits associated with testing for and treatment of COVID-19 without a deductible, or with a deductible below the minimum deductible (self only or family). Effectively, this allows HSAs to pay for testing and treatment expenses related to COVID-19.
- **Permitted insurance:** An individual is considered to be “eligible” without regard to any coverage he or she may have under certain “permitted” insurance such as worker’s compensation, tort liability, or liability arising from the use or ownership of property (e.g., auto insurance). Also disregarded is insurance for a specific illness or disease or that pays a fixed amount (per day or other period) for hospitalization. Coverage for accidents, disability, dental care, vision care, and long-term care is also disregarded.
- **Flexible Spending Accounts:** FSAs are allowed if they are “limited purpose,” covering accidents, disability, dental or vision care, or are a “post-deductible” FSA, providing benefits only after the minimum annual deductible amount under the HDHP is met.
- **A trust or custodial account:** An HSA must be in the form of a trust or custodial account, established with a qualified trustee or custodian, such as an insurance company, bank, or similar financial institution.

Contributions To An HSA

Contributions to an HSA generally must be in cash:

- **Annual contribution limit:** For 2020 and 2021, the maximum deductible contribution to an HSA is as follows:

Coverage Type	2020 Maximum Contribution	2021 Maximum Contribution
Self-Only	\$3,550	\$3,600
Family	7,100	7,200

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Federal law allows an individual who becomes covered under a high-deductible plan in a month other than January to make a full, deductible HSA contribution for the year; certain restrictions and limitations apply. Individuals age 55 and older may also make “catch-up” contributions of \$1,000 per year.

- **Who may contribute:** Contributions may be made by an eligible individual, either directly or through a cafeteria plan, or by the individual’s employer. Any person, including family members, may also contribute on behalf of an eligible individual.
- **Deadline for making contributions:** Contributions may be made in one or more payments and must be made no later than the due date for filing the eligible individual’s federal income tax return for the year, generally April 15 of the following year. Contributions may not be made before the first day of the year to which they apply.
- **Income tax treatment of contributions:** Qualified contributions to the HSA by an eligible individual (including contributions by family members) are deductible from the eligible individual’s gross income, subject to annual limitations. Employer contributions to an HSA are excludable from an employee’s gross income and are not subject to withholding for federal income or payroll taxes.¹ Employer contributions to an HSA are not deductible by the eligible employee. Growth or earnings on the contributions are not taxable while held inside the account. Excess contributions may be subject to a 6% excise tax.
- **Full contribution for months preceding becoming an “eligible” individual:** An individual who becomes an “eligible” individual during a month other than January is allowed to make contributions for the months in the year preceding the month he or she enrolls in a HDHP. If an individual makes contributions under this provision, he or she must remain an eligible individual for a “testing period.” The testing period is the period beginning with the last month of the taxable year and ending on the 12th month following such month. If an individual makes deductible contributions under this provision and does not remain an eligible individual during the testing period, the amount of contributions made for the months preceding the month the individual became eligible are included in income and a 10% additional tax applies.

¹ Such as the Federal Insurance Contributions Act (FICA), the Federal Unemployment Tax (FUTA), or the Railroad Retirement Act (RRA).

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- **One time rollovers from IRAs:** This provision allows for a once-in-a-lifetime distribution of amounts from an IRA (either a Traditional IRA or a Roth IRA), in a direct trustee-to-trustee transfer. Amounts distributed under this provision are not includible in income to the extent that they would otherwise be includible in income, and they are not subject to the 10% penalty tax on early distributions. The maximum amount that may be distributed from the IRA and contributed to the HSA is limited to the otherwise maximum deductible contribution amount to the HSA. No deduction is allowed for the amount contributed from an IRA to an HSA.

An individual who makes such a transfer must remain an eligible individual during a 12-month “testing” period, beginning with the month of the contribution and ending on the last day of the 12th month following that month. If the individual does not remain an eligible individual during this testing period, any amounts transferred are included in income and a 10% additional tax applies.

- **Other:** Rollover contributions from an Archer MSA (or another HSA) to a HSA are permitted and need not be made in cash.

Distributions From a HSA

Distributions from an HSA may be made at any time. Distributions used solely to pay for qualified medical expenses for the account owner, spouse, and dependents are excludable from gross income (i.e., tax-free).

- **Qualified medical expenses:** Qualified medical expenses are expenses (incurred after the HSA has been established) for “medical care” as that term is used in IRC Sec. 213(d). Generally, this includes amounts spent for the diagnosis, cure, mitigation, treatment, or prevention of disease, or for the purpose of affecting any structure or function of the body, to the extent not reimbursed by insurance. Qualified medical expenses do not generally include health insurance premiums.¹
- **Taxation of amounts not used for qualified medical expenses taxed:** Any distribution from an HSA that is not used for qualified medical expenses is included in

¹Certain exceptions apply to qualified long-term care insurance, COBRA health continuation coverage, and health insurance premiums paid by an individual while receiving unemployment compensation. For those age 65 and older, premiums paid for Medicare Part A, Part B, Part D, a Medicare HMO, or employee-paid premiums paid under an employer-sponsored health insurance plan also qualify.

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the income of the account owner and a 20% penalty is added. The penalty does not apply if a distribution is made because of an account owner's death, disability, or reaching age 65.

- **No longer an eligible individual:** If an account owner is no longer an “eligible individual” (for example, by enrolling in Medicare), the HSA account may continue to be used. No additional contributions may be made, but distributions used solely to pay for qualified medical expenses continue to be received income tax-free.
- **Death of the account owner:** At death, funds in an HSA pass to a named beneficiary. If the beneficiary is a surviving spouse, the account becomes the HSA of the surviving spouse, subject to the normal rules that apply to all HSAs. If the funds in an HSA pass to a non-spousal beneficiary, the account ceases to be an HSA as of the date of death, and the non-spousal beneficiary must include in taxable income the value of HSA assets as of the date of death.¹

Seek Professional Guidance

Health Savings Accounts provide a tax favored means to accumulate funds to pay for qualified health care expenses. Because of the complexity of such accounts, the guidance of trained tax and financial professionals is strongly recommended.

¹ Less any qualified medical expenses of the deceased account owner, paid within one year after death.